



Catholic School

“Learning Together, Loving God”

PSHE Policy

September 2022 - to be reviewed September 2023

INTENT

Our mission statement 'Learning together, loving God' encapsulates the balance between learning about ourselves, others and knowledge of our world, with the aim of converting this knowledge into understanding and skills that combine to serve our community as a whole.

Personal, Social, and Health Education (PSHE) is the subject through which children and young people develop the knowledge, skills and attributes they need to live healthy, safe, productive, capable, responsible and balanced lives.

At Notre Dame Primary this knowledge, alongside the Golden Values and Mindset focus, helps them to thrive as individuals, family members and members of society. From making responsible decisions about alcohol to forming healthy relationships, PSHE helps learners to manage many of the most critical opportunities, challenges and responsibilities they will face growing up.

At Notre Dame Primary we believe it helps learners to achieve their academic potential, and leave school equipped with skills they will need throughout later life. Research shows that children and young people who are emotionally healthy do better at school. We believe PSHE helps them to achieve their potential by supporting their wellbeing and tackling issues that can affect their ability to learn, such as anxiety and unhealthy relationships.

Our intent is to cover the breadth of the Bailiwick Curriculum augmented with powerful knowledge carefully selected to build upon our pupils' starting points of cultural capital.

To this end, we use the Kapow model curriculum. This is a knowledge-engaged progress model which clearly outlines the key knowledge and vocabulary for each stage of learning in sequence. It has been deliberately adapted in order for pupils to see themselves in the curriculum and prepare them for life in the 21st century. This compliments our current RHE model curriculum 'Life to the Full', a fully-resourced curriculum scheme of work in Relationships and Health Education (RHE) for Catholic primary schools. Approved by Catholic dioceses throughout England and Wales, the entire teaching is underpinned with a Christian faith understanding that our deepest identity is as a child of God – created, chosen and loved by God. The programme is fully inclusive of all pupils and their families.

IMPLEMENTATION

Delivery

At Notre Dame Primary School, PSHE/RHE lessons are timetabled and taught weekly in Reception, KS1 (30 minutes) and on a bi-weekly rolling program in KS2 (30 minutes). There are also additional opportunities linked across the curriculum (e.g. Science, PE, Outdoor Learning, Computing, Citizenship, Careers, Financial Literacy) as well as enrichment/themed activities (See Wider Curriculum).

EYFS

In the Foundation Stage, PSED/RHE is taught weekly and as an integral part of topic work embedded throughout the curriculum. Snack and chat time also facilitates discussion. The objectives taught are the Personal, Social and Emotional Development statements from 'Development Matters in the EYFS' and the PSED Early Learning Goals.

KS1 and 2

KS1 and 2 use the PSHE Associations PSHE Programme of Study which is based on three 'core themes' (Health and Wellbeing; Relationships; and Living in the Wider World) over the school year, generally with three topics per half term. This approach allows different year groups to work on similar themes at the same time, building a spiral programme year on year, whilst offering flexibility in terms of medium term planning. Project Evolve is used throughout to underpin

1. Health and Wellbeing
2. Relationships
3. Living in the Wider World

Wider Curriculum - Horizontal and Vertical links

Our spiral curriculum allows PSHE/RHE knowledge and skills to be taught in a developmental and age-appropriate way. These explicit lessons are reinforced and enhanced in many ways which include:

- Assemblies
- Notre Dame Golden Values
- Dojos/Characteristics of learning
- School council
- Outdoor Learning
- Growth Mindset
- Rights Respecting Schools Award
- Themes Days/Weeks eg Anti-Bullying Week, Eco-Challenges, Fairtrade Fortnight
- Positive relationships child to child, adult to child and adult to adult across the school.
- Outside Agencies eg Police, Fire, First Aid, Dental, SHARE, Drug and Alcohol, Nurse, NSPCC

IMPACT

By the time our children leave our school they will:

- be able to approach a range of real life situations and apply their skills and attributes to help navigate themselves through modern life
- be on their way to becoming successful learners, confident individuals, effective contributors and responsible citizens
- appreciate difference and diversity
- recognise and apply values
- be able to understand and manage their emotions
- be able to look after their mental health and well-being
- be able to develop positive, healthy relationships with their peers both now and in the future.
- understand the physical aspects involved in RSE at an age appropriate level
- have respect for themselves and others.
- have a positive self esteem