



Catholic School

“Learning Together, Loving God”

Physical Education Policy

September 2022 - to be reviewed September 2023

INTENT

Our mission statement 'Learning together, loving God' encapsulates the balance between learning about ourselves, others and knowledge of our world, with the aim of converting this knowledge into understanding and skills that combine to serve our community as a whole.

Within Physical Education, it is our intent for children to become physically literate. We will equip children with the skills, knowledge and understanding they need to build a positive relationship with physical activity, so they are active and choose to stay active throughout their lives.

Our intent is to cover the breadth of the Bailiwick Curriculum augmented with powerful knowledge carefully selected to build upon our pupils' starting points of cultural capital.

To this end, we use the 'Get Set 4 PE' scheme of learning. This is a progressive scheme, which clearly outlines the key physical, social, emotional and thinking skills for each stage of learning in sequence, along with the key vocabulary. It allows for children to explore and develop skills and embed knowledge to prepare them for life in the 21st century.

IMPLEMENTATION

The implementation of our curriculum ensures balanced coverage of the main themes outlined in the Bailiwick Curriculum: Physical, Health & Fitness; Cognitive & Creative Skills; and Social, Personal & Emotional. The children will have experiences of these areas, but the subject knowledge imparted becomes increasingly specific and in-depth, with more complex skills being taught, thus ensuring that learning is built upon.

Alongside class Physical Education lessons, we also offer pupils the opportunity to further develop their knowledge, skills and understanding by taking part in a wide range of extra-curricular sports clubs and tournaments, as well as student-led lunchtime activities.

Early Years Foundation Stage

All Pupils initially receive 30 minutes of structured Physical Education lessons per week, which grows to 1 hour as the school year progresses. These lessons take place in the infant hall, infant playground and the Vauvert Primary School swimming pool. This is supplemented with continuous and enhanced provisions on school grounds and during visits to Cambridge Park. Lessons are delivered by class teachers, learning support assistants and PE & Sport Development Officers from the Guernsey Sports Commission.

Class teachers also ensure adequate movement/fitness breaks are given throughout the school day.

In addition to Physical Education lessons, the teaching of the theme Social, Personal & Emotional is also supported by the teaching of the PSHE Curriculum in weekly 30 minute lessons.

Key Stage 1

Pupils receive 1.5 hours of structured Physical Education lessons per week. These lessons take place in the infant hall, infant playground and the Vauvert Primary School swimming pool. In the summer term, some Year 2 lessons take place at Cambridge Park as part of transition to Key Stage 2 Physical Education lessons. Lessons are delivered by class teachers, learning support assistants and PE & Sport Development Officers from the Guernsey Sports Commission.

Class teachers also ensure adequate movement/fitness breaks are given throughout the school day.

In addition to Physical Education lessons, the teaching of the theme Social, Personal & Emotional is also supported by the teaching of the PSHE Curriculum in weekly 30 minute lessons.

Key Stage 2

Pupils receive a minimum of 1 hour of structured Physical Education lessons per week. These lessons take place at Cambridge Park, Beau Sejour Leisure Centre and occasionally other appropriate sporting facilities around Guernsey. Lessons are delivered by a mixture of class teachers, learning support assistants and PE & Sport Development Officers from the Guernsey Sports Commissions. Sport specific Development Officers from various sporting associations also assist at times.

Class teachers also ensure adequate movement/fitness breaks are given throughout the school day.

In addition to Physical Education lessons, the teaching of the theme Social, Personal & Emotional is also supported by the teaching of the PSHE Curriculum in bi-weekly 30 minute lessons.

Intervention

Pupils are identified for further intervention by class teachers, learning support assistants and PE & Sport Development Officers. Interventions and further support take place during class lessons where possible, however, occasionally these are best delivered at a separate time. Particular emphasis is placed on providing early additional support to pupils in EYFS and Year 1.

Vocabulary

Vocabulary forms a key part of our curriculum. Therefore, subject specific Tier 2 and Tier 3 words are identified in each module. Supporting pupils in the acquisition of knowledge, through the use of key concepts, terms, and vocabulary, provides

opportunities to build a shared and consistent understanding. Regular recall and revision will be used to support this approach.

IMPACT

As pupils progress throughout the school, they develop deep knowledge, skills and understanding of Physical Education across a breadth and depth of sports. This includes learning to increase body control, coordination and dexterity; learning their responsibilities both as individuals and members of a team; and developing a growing self-awareness and commitment to self-improvement so they can make informed decisions that lead to happy and healthy lives.

Feedback, formative assessment and summative assessment all contribute towards the bigger picture of how well pupils retain knowledge and skills.

We aim to encourage all pupils to take part in extra-curricular sports clubs and involve them in deciding what clubs that we offer. Registers are kept for each club to identify those that may not be taking part in extra regular exercise.

Due to the nature of our school sites we do have some restrictions in terms of what sports we can offer for lessons and clubs and in having to allow time to travel to them. However, we endeavour to make full use of the facilities available in Guernsey to ensure that good coverage of the knowledge and skills is still maintained. Active travel to these other facilities is used whenever possible.

Curriculum Map

Please note that the Physical Education curriculum map is subject to variation each year depending on the facilities available and any specific Sports Development Officers allocated. Where substitutions of units need to be made this is done ensuring that adequate coverage of skills and knowledge is maintained.

	EYFS	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Autumn 1	Introduction to PE: Unit 1 Introduction to PE: Unit 2 Playground/ Park activities	Team Building Fundamentals	Team Building Fundamentals	Group 1: Outdoor Adventure Activity (OAA) Group 2: Fundamental Skills	Group 1: Football Group 2: Rounders	Group 1: Tag Rugby Group 2: Outdoor Adventure Activity (OAA)	Group 1: Hockey Group 2: Rounders
Autumn 2	Fundamentals: Unit 1 Fundamentals: Unit 2	Gymnastics Fitness	Gymnastics Fitness	Group 1: Fundamental Skills Group 2: Outdoor Adventure Activity (OAA)	Group 1: Rounders Group 2: Football	Group 1: Swimming Group 2: Swimming	Group 1: Rounders Group 2: Hockey
Spring 1	Gymnastics: Unit 1 Gymnastics: Unit 2	Sending & Receiving Dance	Sending & Receiving Dance	Group 1: Gymnastics Group 2: Ball Skills	Group 1: Gymnastics Group 2: Net & Wall	Group 1: Outdoor Adventure Activity (OAA) Group 2: Tag Rugby	Group 1: Football Group 2: Badminton
Spring 2	Ball Skills: Unit 1 Ball Skills: Unit 2	Ball Skills Target Games	Ball Skills Target Games	Group 1: Ball Skills Group 2: Gymnastics	Group 1: Net & Wall Group 2: Gymnastics	Group 1: Volleyball Group 2: Basketball	Group 1: Badminton Group 2: Football
Summer 1	Dance: Unit 1 Playground/ Park activities	Net & Wall Striking & Fielding	Net & Wall Striking & Fielding	Group 1: Cricket Group 2: Athletics	Group 1: Group 2: 	Group 1: Basketball Group 2: Volleyball	Group 1: Cricket Group 2: Athletics
Summer 2	Swimming Playground/ Park activities	Swimming Athletics	Swimming Athletics Sailing	Group 1: Athletics Group 2: Cricket	Group 1: Netball Group 2: Athletics	Options: Golf Cricket Athletics Contact Rugby (optional)	Options: Golf Cricket Athletics Contact Rugby (optional)